

		Monday	Tuesday	Wednesday	Thursday
		Thursday Distribution Day			
6/17	Breakfast	Kelloggs Cold Cereal or Cereal Bar+ String Cheese + Assorted Fruit Selection	Sunbutter Breakfast + Assorted Fruit	Jumbo Baked Muffin + Assorted Fruit Selection	Ultimate Cinnamon Breakfast Round (UBR)+ Assorted Fruit Selection
	Lunch	6 pc Chicken Nuggets + Goldfish Crackers + Fruit Selection + Mashed Potatoes/ Gravy	Turkey Ham/ Cheese on Hawaiian Roll Lunch + Sunflower Seeds or Cheese Stick + Fruit Selection + Baby Carrots/ Dip	Cheeseburger/ Bun + Fruit Selection + Baked Beans	Breakfast for Lunch - (2) Pancakes + (2) Sausage + Fruit Selection + Veg or Veg Juice
6/24	Breakfast	Kelloggs Cold Cereal or Cereal Bar + String Cheese + Assorted Fruit Selection	Pillsbury Mini Cinnis + Assorted Fruit Selection	Homestyle Sweet Breakfast Bread + Assorted Fruit Selection	Pillsbury Mini Bagel + Assorted Fruit Selection
	Lunch	Premium Chicken Sandwich + Fruit Selection + Steamed Broccoli	Taco Hummus + Nacho Chips + Shredded Cheddar + Salsa + Fruit Selection + Grape Tomatoes/ Dip	Corn Dog Nuggets + Fruit Selection + Baked Beans	Mandarin Chicken + Brown Rice Medley + Fruit Selection + Green Beans
7/1	Breakfast	Kelloggs Cold Cereal or Cereal Bar + String Cheese + Assorted Fruit Selection	Pillsbury Fruit Filled Frudel + Assorted Fruit Selection	Benefit Oatmeal Breakfast Bar + Assorted Fruit Selection	Glazed Cinnamon Bun + Assorted Fruit Selection
	Lunch	Breaded Chicken Drumstick (or Mega Minis)/ Biscuit + Fruit Selection + Crinkle Cut Fries	Turkey Ham Munchable Lunch + Cheese Cubes + Doritos + Fruit Selection + Fresh Broccoli/ Dip	Hot Dog/ Bun + Fruit Selection + Tomatoes or Carrots/ Dip	Breakfast for Lunch - French Toast + (2) Sausage + Fruit Selection + Veg or Veg Juice
7/8	Breakfast	Kelloggs Cold Cereal or Cereal Bar+ String Cheese + Assorted Fruit Selection	Sunbutter Breakfast + Assorted Fruit	Jumbo Baked Muffin + Assorted Fruit Selection	Ultimate Cinnamon Breakfast Round (UBR)+ Assorted Fruit Selection
	Lunch	6 pc Chicken Nuggets + Goldfish Crackers + Fruit Selection + Mashed Potatoes/ Gravy	Turkey Ham/ Cheese on Hawaiian Roll Lunch + Sunflower Seeds or Cheese Stick + Fruit Selection + Baby Carrots/ Dip	Cheeseburger/ Bun + Fruit Selection + Baked Beans	Breakfast for Lunch - (2) Pancakes + (2) Sausage + Fruit Selection + Veg or Veg Juice
7/15	Breakfast	Kelloggs Cold Cereal or Cereal Bar + String Cheese + Assorted Fruit Selection	Pillsbury Mini Cinnis + Assorted Fruit Selection	Homestyle Sweet Breakfast Bread + Assorted Fruit Selection	Pillsbury Mini Bagel + Assorted Fruit Selection
	Lunch	Premium Chicken Sandwich + Fruit Selection + Steamed Broccoli	Taco Hummus + Nacho Chips + Shredded Cheddar + Salsa + Fruit Selection + Grape Tomatoes/ Dip	Corn Dog Nuggets + Fruit Selection + Baked Beans	Mandarin Chicken + Brown Rice Medley + Fruit Selection + Green Beans

Friday	Saturday	Sunday
Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Pizza + Fruit Selection + Romaine Salad Mix w/ Dressing	IW Burrito + Fruit Selection + Veg Selection	Hummus w/ Pita Bread/ Cheese Cubes + Fruit Selection + Veg Selection
Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Manager's Choice: JTM Bowl Meal/ Grilled Cheese/ Mac & Cheese + Fruit Selection + Whole Kernel Corn	Breakfast for Lunch Pancake/Sausage Minis + Fruit Selection + Fruit/Veg Juice	Tony's Round IW Cheese Pizza + Fruit Selection + Veg Selction
Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Nachos El Grande + Fruit Selection + Black Beans + Jicama/ Tajin	Grilled Cheese + Fruit Selection + Veg Selection	IW Wild Mikes Pepperoni Plzza + Fruit Selection + Veg Selection
Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Pizza + Fruit Selection + Romaine Salad Mix w/ Dressing	IW Burrito + Fruit Selection + Veg Selection	Hummus w/ Pita Bread/ Cheese Cubes + Fruit Selection + Veg Selection
Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Manager's Choice: JTM Bowl Meal/ Grilled Cheese/ Mac & Cheese + Fruit Selection + Whole Kernel Corn	Breakfast for Lunch Pancake/Sausage Minis + Fruit Selection + Fruit/Veg Juice	Tony's Round IW Cheese Pizza + Fruit Selection + Veg Selction

<b>7/22 (Gompers ONLY)</b>	<b>Breakfast</b>	Kelloggs Cold Cereal or Cereal Bar + String Cheese + Assorted Fruit Selection	Pillsbury Fruit Filled Frudel + Assorted Fruit Selection	Benefit Oatmeal Breakfast Bar + Assorted Fruit Selection	Glazed Cinnamon Bun + Assorted Fruit Selection
	<b>Lunch</b>	Breaded Chicken Drumstick (or Mega Minis)/ Biscuit + Fruit Selection + Crinkle Cut Fries	Turkey Ham Munchable Lunch + Cheese Cubes + Doritos + Fruit Selection + Fresh Broccoli/ Dip	Hot Dog/ Bun + Fruit Selection + Tomatoes or Carrots/ Dip	Breakfast for Lunch - French Toast + (2) Sausage + Fruit Selection + Veg or Veg Juice
<b>7/29 (Gompers ONLY)</b>	<b>Breakfast</b>	Kelloggs Cold Cereal or Cereal Bar+ String Cheese + Assorted Fruit Selection	Sunbutter Breakfast + Assorted Fruit	Jumbo Baked Muffin + Assorted Fruit Selection	Ultimate Cinnamon Breakfast Round (UBR)+ Assorted Fruit Selection
	<b>Lunch</b>	6 pc Chicken Nuggets + Goldfish Crackers + Fruit Selection + Mashed Potatoes/ Gravy	Turkey Ham/ Cheese on Hawaiian Roll Lunch + Sunflower Seeds or Cheese Stick + Fruit Selection + Baby Carrots/ Dip	Cheeseburger/ Bun + Fruit Selection + Baked Beans	Breakfast for Lunch - (2) Pancakes + (2) Sausage + Fruit Selection + Veg or Veg Juice
		Due to market condidtions and availability, menu subject to			
		In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free 866/632-9992 (Voice). Individuals who are 800/877-8339; or 800/845-6136 (Spanish). USDA is an equal oppo			

Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Nachos El Grande + Fruit Selection + Black Beans + Jicama/ Tajin	Grilled Cheese + Fruit Selection + Veg Selection	IW Wild Mikes Pepperoni Pizza + Fruit Selection + Veg Selection
Yogurt Breakfast + Grahams + Assorted Fruit Selection	Complete Breakfast Bag	Complete Breakfast Bag
Pizza + Fruit Selection + Romaine Salad Mix w/ Dressing	IW Burrito + Fruit Selection + Veg Selection	Hummus w/ Pita Bread/ Cheese Cubes + Fruit Selection + Veg Selection

change without notice.

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