

## Ignite Cheerleading *Aloha Session*

**REGISTRATION IS NOW OPEN!!** 

## General Information

Ages 4-14

NO experience required

Practice 1 day per week/55 mins

**Inside practices** 

15 week session

Includes a T-shirt

Optional in-house competition

Additional cost for competition & uniform

If competing, athletes will receive a trophy, ribbon

bracelet, possible spirit and grand champion awards!

## Why become an Ignite Cheerleader?

**SELF-CONFIDENCE:** Through performance and practice

**TEAMWORK:** Work together towards a common goal

**RESPECT:** For yourself and everyone around you

STRENGTH: Mental and physical

**SOCIAL**: Meet new friends

**FAMILY:** That's what IGNITE is all about!!

## Cheerleading IS a Sport!!



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