

October 2013

Joliet Public Schools District 86

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Blueberry Waffle Fruit Juice Milk	2 Eggo Maple Pancakes Orange Juice Milk	3 Apple Cinnamon Muffin Apple Juice Milk	4 Donut Plus Fresh Fruit Milk
7 Chocolate Chip Muffin Apple Juice Milk	8 Peanut Butter & Jelly Jammers Fruit Juice Milk	9 Cold Cereal Cinnamon Graham Crackers Fresh Fruit Milk	10 Mini Cinni Buns Fruit Juice Milk	11 Cold Cereal Graham Crackers Apple Juice Milk
14 NO SCHOOL COLUMBUS DAY	15 Cherry Frudel Apple Juice Milk	16 Cold Cereal Cinnamon Graham Crackers Fresh Fruit Milk	17 Banana Muffin Fruit Juice Milk	18 Cold Cereal Graham Crackers Apple Juice Milk
21 Peanut Butter & Jelly Jammers Apple Juice Milk	22 Mini Cinni Buns Fresh Fruit Milk	23 Blueberry Waffle Fruit Juice Milk	24 Apple Cinnamon Muffin Apple Juice Milk	25 Eggo Blueberry Pancakes Fruit Juice Milk
28 Donut Plus Fruit Juice Milk	29 Eggo Blueberry Waffle Fresh Fruit Milk	30 Cold Cereal Cinnamon Graham Crackers Apple Juice Milk	31 Chocolate Chip Muffin Fruit Juice Milk	

JUMP START YOUR DAY WITH BREAKFAST!!!!!!





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Monday	Tuesday	Wednesday	Thursday	Friday
	1 Rib BQ/Bun* Baked Beans* Baby Carrots Fresh Fruit Milk	2 Tacos Refried Beans Mexi Corn Diced Pears Milk	3 Chicken Patty/Bun Green Beans Mixed Fruit Milk	4 Hamburger/Bun Sweet Potato Tots Corn Diced Peaches Milk
7 Hot Dog/Bun Baked Beans* Mixed Fruit Milk	8 Chicken Drummies Peas & Carrots Diced Pears Graham Crackers Milk	9 Corn Dog Sliced Carrots Sliced Apples Milk	10 Meatloaf Mashed Potatoes/Gravy Corn Diced Peaches Roll Milk	11 Cheese Pizza Broccoli Mixed Fruit Milk
14 Columbus Day No School	15 Chicken Tenders Broccoli Sliced Apples Graham Crackers Milk	16 Pork Chop Patty/Bun* Sweet Potato Bites Sliced Carrots Diced Peaches Milk	17 Chicken Quesadilla Refried Beans Mexi Corn Fresh Fruit Milk	18 Spaghetti/Meatsauce Green Beans Diced Pears Milk
21 Hamburger/Bun Fries Broccoli Diced Pears Milk	22 Chicken Nuggets Sliced Carrots Pineapple Milk	23 Tacos Mexi Corn Refried Beans Cinnamon Apples Milk	24 Rib BQ/Bun* Baked Beans* Green Beans Fresh Fruit Milk	25 Cheese Pizza Spinach Diced Peaches Milk
28 Popcorn Chicken Sliced Carrots Mixed Fruit Milk	29 Sloppy Joe/Bun Sweet Potato Fries Corn Fresh Fruit Milk	30 Mini Corn Dogs Green Beans Pineapple Milk	31 Cheeseburger/Bun Fries Broccoli Sliced Apples Milk	*Pork Item

Menu Planning does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice.



Octubre 2013



Lunes	Martes	Miércoles	Jueves	Viernes
	¹ Costilla con BBQ/Pan* Habichuelas* Zanahorias Fruta Leche	² Tacos Frijoles Fritos Elote Rebanadas de Pera Leche	³ Hamburguesa de Pollo Empanizado/Pan Ejotes Fruta Mezclada Leche	⁴ Hamburguesa/Pan Papas Fritas de Camote Elote Durazno Leche
⁷ Salchicha/Pan Habichuelas* Fruta Mezclada Leche	⁸ Papitas de Pollo Chicharos y Zanahorias Rebanadas de Pera Galletas Leche	⁹ Salchicha Empanizado Zanahorias Rebanadas de Manzana Leche	¹⁰ Meatloaf Puré de Papas/Salsa Elote Rebanadas de Durazno Pan Leche	¹¹ Pizza de Queso Brócoli Fruta Mezclada Leche
¹⁴ Día de Columbus No Hay Clases	¹⁵ Papitas de Pollo Brócoli Rebanadas de Manzana Galletas Leche	¹⁶ Chuleta de Cerdo Empanizado/Pan* Papas Fritas de Camote Zanahorias Rebanadas de Durazno Leche	¹⁷ Quesadilla de Pollo Frijoles Fritos Elote Fruta Mezclada Leche	¹⁸ Spaghetti Ejotes Rebanadas de Pera Leche
²¹ Hamburguesa/Pan Papas Fritas Brócoli Rebanadas de Pera Leche	²² Papitas de Pollo Zanahorias Pina Leche	²³ Tacos Elote Frijoles Fritos Manzana con Canela Leche	²⁴ Costilla con BBQ/Pan* Habichuelas* Ejotes Fruta Leche	²⁵ Pizza de Queso Espinaca Rebanadas de Durazno Leche
²⁸ Papitas de Pollo Zanahorias Fruta Mezclada Leche	²⁹ Sloppy Joe/Pan Papas Fritas de Camote Elote Fruta Leche	³⁰ Papitas de Pollo Ejotes Pina Leche	³¹ Hamburguesa con Queso/Pan Papas Fritas Brócoli Rebanadas de Manzana Leche	* elemento de Cerdo

La planificación del menú no proporciona la planificación del menú para un niño con enfermedad o alergia a los alimentos. Ingredientes y elementos de menú están sujetos a la sustitución o cambio sin previo aviso