

Unity Creative Arts Academy

*****We offer****

Live Out Loud Theatre Ensemble

- Drama
- Music/Voice
- Dance
- Visual Arts
- Video/Film

Designs from Etiquette

- Arts and Crafts
- Drama/Role Playing
- Leadership Skills
- Community Involvement

Martial Arts Fitness

- SwiftKick– Martial Arts Training
- SwiftFit -Personal Fitness
- Swiftdefense– Women's Self Defense
- Demonstrations
- Birthday Parties

Unity CDC Energy Comes From Unity

ABOUT UNITY CAA

Unity CAA, founded in 2012, offers youth and adults, an opportunity to explore visual and performing arts, creative writing, etiquette, and martial arts. We have a variety of programs and events housed at Unity Community Development Corporation and Unity CDC's facilities include a number of classrooms, a library, and an auditorium.

Unity Creative Arts Academy

Unity Community Development Corp.

1 Doris Avenue
Joliet, IL 60435
kmorris@unitycdc.org
www.unitycdc.org

Unity CDC Energy Comes From Unity

UNITY CREATIVE ARTS ACADEMY (UCAA)



Director of Creative Arts– Kaitlin Morris

**Cell: 779-225-3478
Or
Office: 815-722-9200**

SWIFTKICK M.A.F.

MISSION

SwiftKick M.A.F.'s mission is to assist participants of all ages in gaining structure, order, and discipline by way of martial arts.

BENEFITS & OUTCOMES

Martial arts is not just kicking and punching! It also instills three keys to success: structure, order, and discipline. They are applicable to all areas of life not just in martial arts. It also encourages confidence, self respect, and achieving your goals.

The word CAN'T doesn't exist".

He likes to create a program that allows the students to learn, by having fun.

This is not your average "KARATE" Class!

DIRECTED BY

Kevin Smith has been studying martial arts for over 15 years. His passion for the art led to the name 'Swiftkick,' from family and friends. Kevin's ability to work with children is outstanding, yet his own training consisted of adult men only. He has expanded his teachings to include children as young as 4 years old and adults that are 50 years or older.

DESIGNS FROM ETIQUETTE

MISSION

Designs From Etiquette mission is to help provide children with esteem and inspiration to put toward the dreams placed in their hearts, producing satisfaction for themselves and inspiration to others.

BENEFITS & OUTCOMES

Parents, teachers and students can all benefit from basic manners practiced by children. Children will become better students by understanding the importance of respect in the classroom toward peers and teachers. Children will know the importance of following behavior expected by parents that can help ease some of the stress involved with raising children. Children will gain confidence in knowing that they are doing what is expected of them and that they are respected because they give it.

The expected outcome is for children to have integrity, treat everyone respect and see the effect of their bad behavior and the disadvantage it places them at.

DIRECTED BY

Felicia Hollins has studied Business at Northwestern Business College and Early Childhood Education at Joliet Junior College. Ms. Hollins is currently a Day Care Owner and Director, and a Certified Etiquette Trainer. Felicia has extensive background working with youth and is excited about serving the community through Designs from Etiquette.

LIVE OUT LOUD THEATRE ENSEMBLE

MISSION

Live Out Loud's mission is to collaborate with youth in creating fulfilling and thought provoking performance art on social issues affecting our community and nation at large.

BENEFITS & OUTCOMES

Research reveals the positive impact of drama on a student's physical, emotional, social, and cognitive development. Students engaged in the arts are likely to see benefits in the following areas: Self-Confidence, Imagination, Empathy, Cooperation/Collaboration, Concentration, Communication Skills, Problem Solving, Fun, Emotional Outlet, Relaxation, Self-Discipline, Trust, Physical Fitness, Memory, Social Awareness, and Aesthetic Appreciation! These can also be considered the core values and life skills of UCAA.

DIRECTOR OF CREATIVE ARTS

Kaitlin Morris has been writing plays for 15 years. She received her B.A. in Creative Writing in 2008 from the University of Illinois, and is currently working on her graduate degree in Writing and Psychology. She also interned with the then 9-time Emmy award winning Baltimore Ravens Broadcast Department and was offered full-time employment thereafter. Ms. Morris looks forward to sharing her passion for the arts with the Joliet community as a means of positive change.